



PRESS RELEASE

## REMEMBERING TO BE

Contemporary Art Group Exhibition

Galleria Cael – Milan, October 10-23, 2025

Opening: Friday, October 10, 6:30 PM

***"What you seek is not beyond. It is behind you.***

***Only by turning back without fear***

***will you remember you were always there."***

Rediscovering one's essence is a courageous inner journey. It means listening closely to the silent void within us, to those resilient roots untouched by the passage of time. This is not a nostalgic glance at the past, but a poignant return to our origins, to that essential part of ourselves patiently waiting to be rediscovered, inviting us to embrace our authenticity without fear.

From October 10 to 23, 2025, Galleria Cael in Milan hosts a group exhibition that, through the universal language of art, invites exploration of deep memories, the cyclical nature of the soul, inner strength, and a return to a primordial essence.

### THE PROJECT

This exhibition is a profound and engaging artistic exploration, inviting each visitor to pause, breathe, and look within, reconnecting with the roots of the soul in an act of pure introspection. Through a fluid dialogue between collective memory and individual creativity, the exhibition transforms personal experiences into a universal and shared journey, highlighting the extraordinary power of rediscovering oneself in a constantly evolving world.

### EXHIBITED WORKS

On display: paintings, photographs, sculptures, video art, and conceptual works addressing themes of inner memory, personal identity, and connection to origins, offering a profound reflection on our being.

### FEATURED ARTISTS

Luana Bagnasco, Anna Bianchi, Viktoria Cardarelli, Mara Cassago, Morena Condò, Simona Cosentino, Isabella do Valle, Guillermo Garrido Gonzalez, Pavel Gempler, Hiroshi Itami, Brittany Key, Rick Lundsten, Susan Metzendorf, Nelina Trubach-Moshnikova, Masami Murao, Yolande Oxybel, Doreen Pruntsch, RX, Carla Salvioni, Rita Skowrońska, Josefina Temin, Flavio Tiberti, Laura Tijsterman, Alida Velea, Alessandro Villa, Marilena Zahiu

## **EXHIBITION INFORMATION**

Title: Remembering to Be

Venue: Galleria Cael c/o maison HEMCAEL,

Via Carlo Tenca 11 – 20124 Milan

Dates: October 10 – 23, 2025

Opening: Friday, October 10, 6:30 PM

Hours: Monday – Friday / 11:00 AM – 7:00 PM - Saturday / 10:00 AM – 5:00 PM

Press Contacts:

[info@galleriacael.com](mailto:info@galleriacael.com) – Tel. 02 67382992

[www.galleriacael.com](http://www.galleriacael.com)